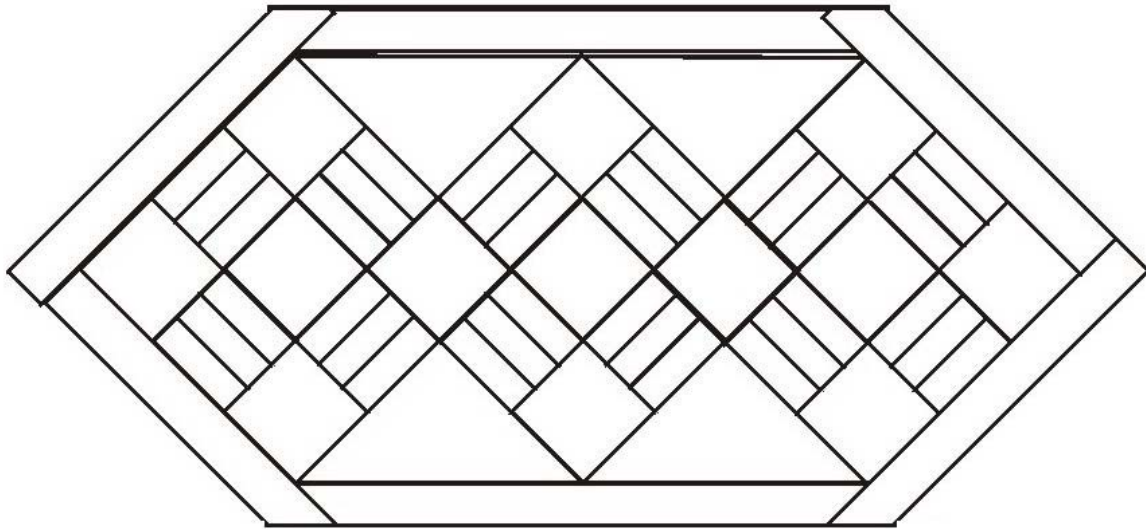


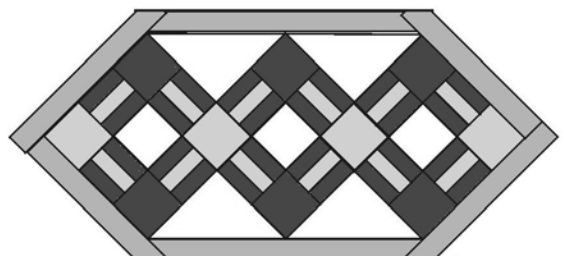
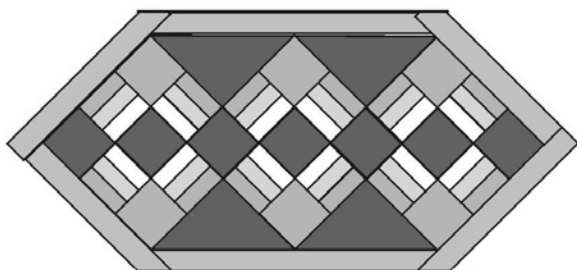
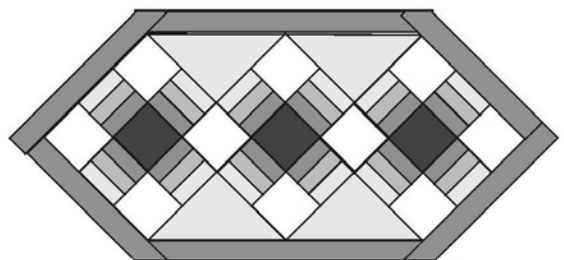
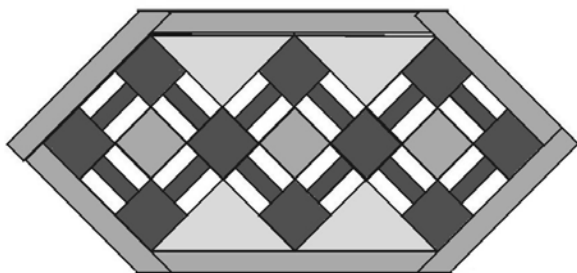
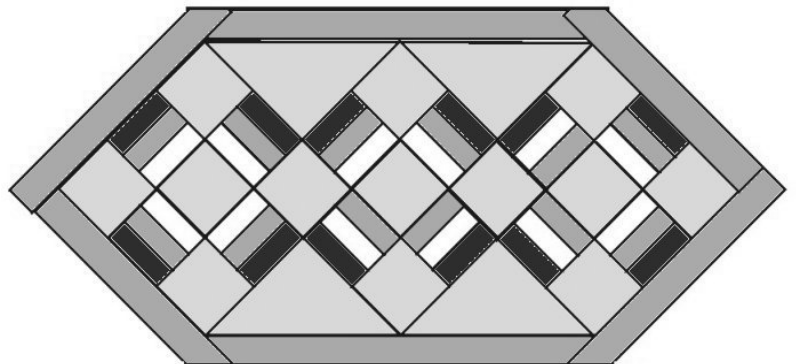
# Seminole "Three Bars" Table Runner Variations



The Length can be adjusted to desired length by adding extra strips extending the pattern as you go..  
Borders can be done in a variety of ways.

There are various ways to use your fabrics.

Note that the Barred Squares are all the same – though their orientation varies within the patterns.



## Seminole “Three Bars” Table Runner

Seminole Quilting is often characterized by sewing strips of fabric together, cross cutting these striped strips, and then shifting them on a diagonal producing a “saw-toothed” design. This makes a Table Runner approximately 33 inches long by 16 inches wide.

You will need four fabrics – Use a big print for the Main fabric and three others. The amounts of each will depend on the particular pattern you will be doing, however, pay attention to the shadings (lightness or darkness of each fabric) and chose colors that will look good with each other while contrasting with each other as well. The amounts of each color will depend also on the desired finished length of the Table Runner.

1. For the pictured pattern: cut Thirteen 3.5 inch Squares of the Main Fabric which should be a large print. To lengthen the Table runner cut additional in units of four more for each “unit” of extension.

If you are doing another pattern, then carefully count how many of these you will need of each fabric, and cut accordingly.

2. Cut Four 7 inch Squares, and cut these diagonally for the large triangle pieces also of the main fabric. If lengthening the runner, add two more triangles for each unit of extension.
3. For the Three Bar Squares cut 1.5 inch strips in 44 inch lengths, in the colors you have selected for the Bars. You will observe that all the three barred squares are the same, though orientated differently in the design.
4. Sew these strips together lengthwise. You should have a long strip with three lengthwise stripes that correspond to your pattern.
5. Cut crosswise across these long strips into twelve 3.5 inch sections. (Add four more sections for each unit of extension in length of the Table Runner.) You should have 3.5 inch squares made up of the colors in the three barred squares.
6. Start and one end with a diagonal row of squares. Sew together two Solid squares with a Barred Square between, paying careful attention to the orientation of the bars in the pattern. Then sew together two Barred Squares with a Solid in between them, again being very careful about the orientation of the Bars. Join the two rows of blocks together on their long sides.
7. Paying attention to the pattern, sew a triangular piece on one end.

8. Sew Three Barred Squares and Two Solid Squares into a row, with the Solid Squares between the Barred one. As always be careful about the orientation of the bars. This will be the third diagonal row.
9. But before sewing it to the proceeding, sew the next row of three squares together, then the three adjacent squares of the next (five square) row.
10. Sew these two rows of three together, sew a triangle on the proper end. Sew these to the Five Squares from Step 8. Then join this the piece from Step 7.
11. Then join the remaining two squares of the (five square row) together, sew them to a triangle. And join this piece to the piece from Step 10.
12. Continue in this manner of joining the pieces till you have done your last diagonal row.
13. Then cut two 1.5 inch strips of the main fabric for the outside border sides. They should be the length of the sides of the Runner. Then cut these off at an angle to match the edges of the ends and sew strips on the ends.
14. Binding, cut three strips of 2.25 inch main fabric or a contrasting fabric.
15. Cut backing and batting to match Top. (Pattern is approximately twenty inches wide and thirty six inches long.)

